



## HINSDALE SOUTH HIGH SCHOOL FIRST DAY OF THE WINTER ATHLETIC SEASON NEWSLETTER

As a member of the Illinois High School Association (IHSA), Hinsdale South must adhere to its regulations. **Accordingly, candidates must have proof of a current physical exam in the Athletic Director's Office before participating in any tryouts, practice, or issuance of equipment. Physicals are valid for 13 months only. The physical examination required of all freshmen is sufficient for IHSA standards.**

All athletes must be registered on-line in order to participate or tryout on the first day. The link for registration can be found on the Hinsdale South Athletic Page. <https://hinsdalesouth.8to18.com/accounts/login>

### Winter sports start-up information:

<b>Boys' Basketball</b> – Meet @ TBD	TBD	<b>Head Coach - Brett Moore</b> <a href="mailto:bmoore@hinsdale86.org">bmoore@hinsdale86.org</a>
<b>Girls' Basketball</b> – Meet @ TBD	TBD	<b>Head Coach – Scott Tanaka</b> <a href="mailto:stanaka@hinsdale86.org">stanaka@hinsdale86.org</a>
<b>Cheerleaders</b> -Meet Fieldhouse #3 3:30 pm	<b>Monday, November 16th</b>	<b>Head Coach – Ashley Yurchak</b> <a href="mailto:ayurchak@hinsdale86.org">ayurchak@hinsdale86.org</a>
<b>Danceline</b> -Meet @ Cafeteria 3:00 pm	<b>Monday, November 16th</b>	<b>Head Coach – Courtney Gillette</b> <a href="mailto:cgillett@hinsdale86.org">cgillett@hinsdale86.org</a>
<b>Boys' Bowling</b> – Meet @ Bowlero 1555 75 <sup>th</sup> St. Woodridge 3:25 pm	<b>Monday, October 16th</b>	<b>Head Coach – Kraig Conyer</b> <a href="mailto:kconyer@hinsdale86.org">kconyer@hinsdale86.org</a>
<b>Girls' Bowling</b> – Meet @ Bowlero 1555 75 <sup>th</sup> St Woodridge 3:30 pm	<b>Monday, November 16th</b>	<b>Head Coach – Carrie Nelson</b> <a href="mailto:cnelson@hinsdale86.org">cnelson@hinsdale86.org</a>
<b>Girls' Gymnastics</b> – Meet @ Gymnastics Balcony 3:15 pm	<b>Monday, November 16th</b>	<b>Head Coach – Jarrod Amolsch</b> <a href="mailto:jamolsch@hinsdale86.org">jamolsch@hinsdale86.org</a>
<b>Boys' Swim &amp; Dive</b> – Meet @ Pool 3:30 pm	<b>Monday, November 16th</b>	<b>Head Coach – Beth Walker</b> <a href="mailto:ewalker@hinsdale86.org">ewalker@hinsdale86.org</a>

### ON FIRST DAY OF PRACTICE COACHES WILL INFORM ATHLETES OF THE PRACTICE TIMES AND LOCATIONS FOR THE SEASON

All sophomore, junior and senior new transfer students are required to see Mr. Art Ostrow to complete the IHSA transfer paper work. You will not be allowed to compete until this process is complete and your transfer is approved by the I.H.S.A.

Hinsdale Township High School District 86 does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The District has established a grievance procedure to provide a prompt, fair review of complaints alleging discrimination and harassment, including alleged violations of Title IX, which prohibits discrimination in educational programs and activities on the basis of sex.

All grievances alleging discrimination and / or harassment, including sex equity / Title IX grievances should be filed with any District Complaint Manager. The Complainant may request a Complaint Manager of the same sex. The Complaint Manager may request the Complainant to provide a written statement regarding the nature of the complaint or require a meeting with the parent(s)/guardian(s) of a student. The Complaint Manager shall assist the Complainant as needed.

### Grievance Procedure Complaint Managers:

Mary Dudek  
Chief Human Resources Officer  
5500 South Grant Street  
Hinsdale, IL 60521  
[mdudek@hinsdale86.org](mailto:mdudek@hinsdale86.org)  
630.655.6100

