



**HINSDALE SOUTH HIGH SCHOOL
FIRST DAY OF THE FALL ATHLETIC SEASON NEWSLETTER**

We hope you are having a great summer and keeping in condition to join or rejoin one of Hinsdale South's many athletic programs. This newsletter has some important dates and information to prepare you to compete as a "Hornet".

--- Please follow @HinsdaleSouthAD on Twitter for all Hornet sporting news! ---

As a member of the Illinois High School Association (IHSA), Hinsdale South must adhere to its regulations. **Accordingly, candidates must have proof of a current physical exam in the Athletic Director's Office before participating in any tryouts, practice, or issuance of equipment. Physicals are valid for 13 months only. The physical examination required of all freshmen is sufficient for IHSA standards.**

All athletes must be registered on-line in order to participate or tryout on the first day. The link for registration can be found on the Hinsdale South Athletic Page: [Hinsdale South Athletics](#)



SCAN ME

Fall sports start-up information:

Boys' Cross Country **Tuesday, August 13th** **Head Coach, Jim Dickerson**
– Meet @ Stadium - South entrance to the track – 3:30 p.m. – All Levels
– Equipment: running shoes and a water bottle.

Girls' Cross Country **Tuesday, August 13th** **Head Coach, Kim Johnson**
– Meet @ Stadium - South entrance to the track – 3:30 p.m. – All Levels
– Equipment: running shoes and a water bottle.

Football **Monday, August 12th** **Head Coach, Mike Barry**
– Meet @ Back Practice Field – 3:30 p.m. – All Levels

Flag Football **Monday, August 12th** **Head Coach, Janelle Marconi**
– Meet @ Lower Level Softball Field – 3:30 p.m.



Hinsdale South High School Athletic Department



Home of the
Hornets

Boys' Golf

Monday, August 12th

Head Coach, John Richerson

- Meet @ Stadium Parking Lot – 9:00 a.m. – JV – ride to and from Zigfield Troy (2 hour practice)
- Meet @ Carriage Greens – 7:00 a.m. - Varsity
- Equipment: golf clubs, shoes, balls, etc.

Girls' Golf

Monday, August 12th

Head Coach, Patrick Maag

- Meet @ Outside Pool Door Entrance – 9:00 a.m. - All Levels
- Equipment: golf clubs, shoes, balls, etc. – Depart for Zigfield Troy for range work (2 hour practice)
(Clubs will be provided for beginning golfers)

Boys' Soccer

Monday, August 12th

Head Coach, Danny Makaric

- Meet @ Stadium – All Levels 9:00 a.m.
- Equipment: gym shoes, cleats, shin guards and water bottle.

Girls' Swim & Dive

Monday, August 12th

Head Coach, Beth Walker

- Meet @ Pool– 8:00 a.m. to 10:00 a.m.
- Equipment: cap, goggles, and swim suits.

Girls' Tennis

Monday, August, 12th

Head Coach Courtney Bison

- Meet @ Tennis Courts – All Levels 3:45 pm – 5:15 pm.
- Equipment: athletic shoes, weather appropriate attire, racket and water bottle.

Girls' Volleyball

Monday, August 12th

Head Coach, Ben Goodell

- Meet @ Fieldhouse – All Levels 8:00 a.m.
- Equipment: athletic wear and shoes, bring a water bottle.

Cheerleading

per Coach Gonzalez's Schedule

Head Coach, Nandia Gonzalez

Dance Line

per Coach Gillette's Schedule

Head Coach, Courtney Gillette

ON FIRST DAY OF PRACTICE COACHES WILL INFORM ATHLETES OF THE PRACTICE TIMES AND LOCATIONS FOR THE SEASON

All sophomore, junior and senior new transfer students are required to see Mr. Art Ostrow to complete the IHSA transfer paper work. You will not be allowed to compete until this process is complete and your transfer is approved by the I.H.S.A.

All athletes must have a current I.H.S.A. Athletic Physical on file in the Athletic Director's Office in order to participate or tryout. Athletic Physical Forms can be found on the Hinsdale South Athletic Page.



7401 Clarendon Hills Rd.

Darien, IL 60561

Phone: 630.468.4241

Fax: 630.887.1759

www.hinsdalesouthathletics.org