





**Girls' Golf**

**Monday, August 8<sup>th</sup>**

**Head Coach, Carrie Nelson**

- Meet @ Stadium Parking Lot – 9:00 a.m. - All Levels
- Equipment: golf clubs, shoes, balls, etc. – Depart for Zigfield Troy for range work (2 hour practice) (Clubs will be provided for beginning golfers)

**Boys' Soccer**

**Monday, August 8<sup>th</sup>**

**Head Coach, Danny Makaric**

- Meet @ Stadium – All Levels 9:00 a.m.
- Equipment: gym shoes, cleats, shin guards and water bottle.

**Girls' Swim & Dive**

**Monday, August 8<sup>th</sup>**

**Head Coach, Ewa Dybaczewska**

- Meet @ Hinsdale South Pool– 8:00 a.m. to 10:00 a.m.
- Equipment: cap, goggles, and swim suits.

**Girls' Tennis**

**Monday, August, 8<sup>th</sup>**

**Head Coach, Peter Alex**

- Meet @ Tennis Courts – 1:00 p.m. to 3:00 p.m.
- Equipment: athletic shoes, weather appropriate attire, racket and water bottle.

**Girls' Volleyball**

**Monday, August 8<sup>th</sup>**

**Head Coach, Kelly Pecka**

- Meet @ Fieldhouse – All Levels 8:00 a.m.
- Equipment: gym shoes, athletic attire, knee pads and water bottle.

**Cheerleading**

**Monday, August 8<sup>th</sup>**

**Head Coach, Ana Chapp**

- Meet @ Fieldhouse – All Levels 3:30 p.m.

**Dance Line**

**Wednesday, August 31<sup>st</sup>**

**Head Coach, Courtney Gillette**

- Meet @ Cafeteria – All Levels 3:30 p.m.

**ON FIRST DAY OF PRACTICE COACHES WILL INFORM ATHLETES  
OF THE PRACTICE TIMES AND LOCATIONS FOR THE SEASON**

All sophomore, junior and senior new transfer students are required to see Mr. Art Ostrow to complete the IHSA transfer paper work. You will not be allowed to compete until this process is complete and your transfer is approved by the I.H.S.A.

All athletes must have a current I.H.S.A. Athletic Physical on file in the Athletic Director's Office in order to participate or tryout. Athletic Physical Forms can be found on the Hinsdale South Athletic Page.

