



HINSDALE SOUTH HIGH SCHOOL 2026 ATHLETIC SUMMER CAMPS



For more information and to register for camps, please visit Hinsdale South Athletics and click on registration.

www.hinsdalesouthathletics.org

| Camp Name | Eligibility | Grade in Fall 2026 | Days | Dates | Time | Location | Camp Cost | Notes |
|------------------|-------------|--------------------|-------|---------------|------------------------|---|-----------|---|
| Badminton | Boys/Girls | Grades 7 - 12 | MTWR | 06/08 - 06/18 | 9:00 a.m. - 10:30 a.m. | Fieldhouse | \$90 | All rackets and other badminton equipment will be provided. |
| Baseball I | Boys | Grades K - 4 | MTWRF | 06/22 - 06/26 | 8:00 a.m. - 9:30 a.m. | Alumni Field (Varsity Baseball Field) | \$100 | <u>Must</u> bring baseball glove. (Helmet & bat optional) |
| Baseball II | Boys | Grades 5 - 9 | MTWRF | 06/22 - 06/26 | 9:30 a.m. - 11:00 a.m. | Alumni Field (Varsity Baseball Field) | \$100 | <u>Must</u> bring baseball glove. (Helmet & bat optional) |
| Baseball III | Boys | Grades 10 - 12 | MTWRF | 06/08 - 06/26 | Various Times | Alumni Field (Varsity Baseball Field) | \$150 | |
| Basketball I | Boys | Grades K - 4 | MTWR | 06/22 - 06/25 | 9:30 a.m. - 10:45 a.m. | Fieldhouse | \$75 | Bring a water bottle |
| Basketball II | Boys | Grades 5 - 8 | MTWR | 06/22 - 06/25 | 8:00 a.m. - 9:15 a.m. | Fieldhouse | \$75 | Bring a water bottle |
| Basketball III | Boys | Grades 9 - 12 | MTWR | 06/01 - 06/25 | 11:00 a.m. - 1:00 p.m. | Main Gym | \$150 | Bring a water bottle |
| Basketball I | Girls | Grades 5 - 8 | MTWR | 07/13 - 07/16 | 1:00 p.m. - 2:30 p.m. | Fieldhouse | \$80 | Bring a water bottle |
| Basketball II | Girls | Grades 9 - 12 | MTWR | 06/08 - 06/25 | 1:00 p.m. - 3:00 p.m. | Main Gym | \$150 | Bring a water bottle |
| Cheer Camp | Girls/Boys | Grades PreK - 8 | MTW | 06/15 - 06/17 | 8:30 a.m. - 11:00 a.m. | Main Gym | \$90 | FINAL PERFORMANCE, WEDNESDAY, JUNE 17th Participants will receive a t-shirt, bow and snacks. Bring a water bottle & wear gym shoes, shorts, shirt. |
| Cross Country | Boys/Girls | Grades 5-12 | MWF | 06/03 - 07/24 | 8:00 a.m. - 9:30 a.m. | Mondays - Katherine Legge Park Wednesdays - HSHS Stadium Fridays - Waterfall Glen | \$100 | NO CAMP THE WEEK OF 06/29 - 07/03 Bring a water bottle and running shoes. |
| Danceline | Boys/Girls | Grades PreK-8 | WRF | 07/15 - 07/17 | 9:00 a.m. - 11:30 a.m. | Main Gym | \$100 | FINAL PERFORMANCE, FRIDAY, JULY 17th Participants are required to have their hair pulled back, wear athletic clothing & gym shoes and a bring water bottle. |
| Flag Football I | Girls | Grades 4 - 7 | TWR | 06/02 - 06/04 | 5:00 p.m. - 6:00 p.m. | 06/02 Back Turf Field 06/03 & 06/04 Stadium | \$75 | Participants should dress in athletic attire and should bring a water bottle, football cleats & mouthpiece. Gloves are optional |
| Flag Football II | Girls | Grades 8 - 12 | TWR | 06/02 - 06/04 | 6:00 p.m. - 7:30 p.m. | 06/02 Back Turf Field 06/03 & 06/04 Stadium | \$75 | |



HINSDALE SOUTH HIGH SCHOOL 2026 ATHLETIC SUMMER CAMPS



For more information and to register for camps, please visit Hinsdale South Athletics and click on registration.

www.hinsdalesouthathletics.org

| Camp Name | Eligibility | Grade in Fall 2026 | Days | Dates | Time | Location | Camp Cost | Notes |
|----------------|-------------|--------------------|-------|--------------------------------|--|---|-----------|---|
| Football | Boys | Grades 9 - 12 | MTWRF | 06/08 - 06/19 | 6:45 a.m. - 10:30 a.m. | 6:45 a.m. - 9:00 a.m. Stadium 9:00 a.m. - 10:30 a.m. Weight Rm | \$150 | Wear Black & Gold shorts & t-shirt and bring cleats, gym shoes and water bottle |
| | | | | 07/27 - 08/04 | | 6:45 a.m. - 9:00 a.m. Back Turf Field 9:00 a.m. - 10:30 a.m. Weight Rm | | |
| Gymnastics | Boys | Grades 9 - 12 | MTWRF | 06/22 - 06/26 | 8:00 a.m. - 11:00 a.m. | Gymnastics Balcony | \$60 | Wear athletic shorts & t-shirt. Bring grips if you have them. |
| Gymnastics | Girls | Grades 9 - 12 | | | Practice is at an off site facility - Please reach out to Jarrod Amolsch for information at jamolsch@hinsdale86.org | | | |
| Golf | Girls | Grades 5 - 8 | W | 07/08, 07/15, 07/22 & 07/29 | 10:00 a.m. - 11:30 a.m. | Zigfield Troy Driving Range | \$80 | Bring golf clubs. If you need golf clubs please reach out to the coach. |
| Soccer I | Boys/Girls | Grades K - 7 | MTWRF | 06/01 - 06/05 | 9:00 a.m. - 11:00 a.m. | Stadium | \$110 | Wear cleats or gym shoes and bring water bottle |
| Soccer II | Boys/Girls | Grades K - 4 | MTWRF | 06/15 - 06/19 | 9:00 a.m. - 10:15 a.m. | Stadium | \$100 | Wear cleats or gym shoes and bring water bottle |
| Soccer III | Boys/Girls | Grades 5-8 | MTWRF | 06/15 - 06/19 | 10:30 a.m. - 12:00 p.m. | Stadium | \$100 | Wear cleats or gym shoes and bring water bottle |
| Soccer IV | Boys | Grades 7 - 12 | MTWRF | 07/06 - 07/10 | 6:00 p.m. - 8:00 p.m. | Stadium | \$120 | Wear cleats or gym shoes and bring water bottle |
| Softball I | Girls | Grades 1 -5 | TBD | TBD | TBD | TBD | TBD | |
| Softball II | Girls | Grades 6 - 9 | TBD | TBD | TBD | TBD | TBD | |
| Tennis I | Girls | Grades 9 -12 | TWR | 06/09 - 06/11 | 12:30 p.m. - 1:30 p.m. | Tennis Courts | \$60 | Must wear gym shoes. Racquet optional. |
| Volleyball I | Boys/Girls | Grades 6 - 8 | MTWR | 07/13 - 07/16 | 11:30 a.m. - 1:00 p.m. | Fieldhouse | \$45 | Bring athletic/court shoes and water bottle. |
| Volleyball II | Girls | Grades 9 - 12 | MTWR | 07/13 - 07/23 | 8:30 a.m. - 11:00 a.m. | Fieldhouse | \$140 | Bring athletic/court shoes and water bottle. |
| Volleyball III | Boys | Grades 9 - 12 | MTWR | 07/20 - 07/23 | 4:30 p.m. - 6:30 p.m. | Main Gym | \$100 | Bring athletic/court shoes and water bottle. |
| Weightlifting | Boys/Girls | Grades 9 -12 | MTWR | 06/01 - 06/18 | 10:00 a.m. - 11:00 a.m. | Weight Room | \$100 | |
| Wrestling | Boys/Girls | Grades 9 -12 | TBD | TBD | TBD | TBD | TBD | |